

REGIONS TRADITION ROUND 3 | DOUG BARRON

Q: Alright Doug low round of the day six under currently co-leader just assess your round.

Barron: I played really well. Well, the wind didn't blow as hard today and my sister actually drove in town. I have twin sisters and one of them decided to come hang out with me this weekends o that was cool

Q: What does it mean to have her support here and to see you play so well?

Barron: I mean she had fun. She had a couple of cocktails. It was fun. It was it was it was a good day. I did everything I was supposed to do. And just that's the score that was out there. I don't I mean, that's probably why there's a low score did everything I was supposed to do.

Q: Does this give you kind of the validation and kind of confidence boost heading into tomorrow being in contention after the surgery and coming back from injury?

Barron: Atlanta was a good confidence boost, but I mean, we still got to have Steve stricker with the winning scores gonna be. I don't care who's winning. So I'm just gonna go out and do the best Doug Barron can do. I know what I can shoot. I can't control all those other superstars. So I'll just do the best I can do. So I'm feeling good about my game, though. I will say that.

Q: Doug, with the medical that you're on. Explain to me how that works.

Barron: You've got to explain to me, Al. So, I was given 16 tournaments to get back in the top 36 I think I made \$320,000 last year. I think I've made \$230,000 and I think I'm 100 grand away from that I'm not, I've never really thought about it last week obviously helped. I started back earlier than I should have but I didn't feel the confidence that I could catch up with everyone if I didn't start at some point. So, I do play in a lot of pain in my elbow every day, but it's manageable, and I got a lot of people that help me with it. And I got a good team. I've hired a new trainer this week and then but I have great therapists at home that work with me and I actually bought my own unit where I can treat myself in my hotel room at night and some nights I put my wrap on and sleep with the it's called an Arbo. It has a current, runs a current kind of like a tens on steroids. So I'm able to treat myself. Hopefully one day I'm gonna wake up and the pain is gonna go away but it is manageable. I'm able to lift and do certain things. I irritated it this week doing a couple exercises so I know not to do those right now. So but it's calm back down again.

Q: why go to the team that you hire here?

Barron: Oh, so I just was ready to start getting back in shape. I walked a lot with a weighted vest but I haven't really lifted weights because I've done curls, triceps and wrist curls just for rehab. I kept my legs in shape by walking with a weighted vest. I just pretended like I was my son in the military and walked with a 30-to-40-pound vest all the time. But I need to start lifting again just

getting the golf shape again. I walked the front and rode the back that would tell you but my back's a little out this week and I've gotten a knee brace a back brace and an elbow brace. I don't have enough room for any more braces. I'm running out.

Q: Why did this golf course play so hard for so many people today?

Barron: Well the wind has shortly, yesterday was very difficult for me personally. I only made two bogeys but the wind swirled every hole different so we never really could get the wind right. We didn't have a disaster hole but the wind was really tough yesterday. Like Ernie played a great round of golf. You go bogey free yesterday. My two bogeys were with an eight iron and a sand wedge. So it really I played really nice yesterday. Honestly, I just didn't get it close, because the wind kept swirling and we couldn't pick a wind. I mean, one hole would be literally the exact opposite of it was the same direction. So just tried to make good decisions yesterday and didn't finish with what I wanted but I didn't kill myself, you know so.

Q: What would a win tomorrow mean for you?

Barron: Oh, well, it'd be a life changer. You know? I'll be yelling Hawaii. One it's Mother's Day. My mom and my wife aren't here but I'll be thanking them tomorrow. Hey, man, it's not life or death, so thanks.